



**RESET**   
*Society of Calgary*  
Formerly Servants Anonymous Society

## **Annual Report 2018**

*There is a way out*



## **RESET Society of Calgary**

Provides comprehensive individualized support and safe housing to women and girls age 16 and over exiting sexual exploitation and sex trafficking so that they may transform their lives.

## Learning My True Worth

I came from a place where I didn't think or believe that I am worth respect, thoughtfulness, love, trust, security and genuine friendship from any relationship – especially from a man.

I had been running on the same hamster wheel for so long that it had become programmed into me completely. As far as I knew, those thoughts, feelings, emotions & gestures were expected and normal.

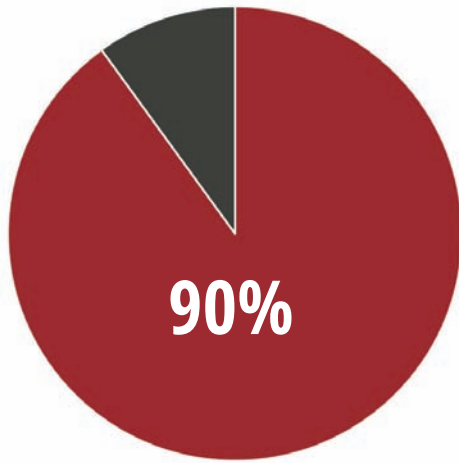
Now, by discovering who I am and knowing my own worth through learning to love & respect myself – in any relationship that I encounter and choose to invest myself in, I will seek honest, respectful, healthy individuals who will build me up.

I know what this looks like and I refuse to settle for anything less again.

- RESET Participant



# Exploitation in Canada



More than 90%  
of trafficking  
victims within  
Canada come  
from Canada

**\$280,800**

Average annual  
profit from each  
female trafficked  
in Canada



**13 - 14 Years**  
Most Common  
Recruitment Age

**2%**  
of all  
reported  
homicides  
are sex  
workers



**34%**  
remain  
unsolved



# 2017/2018 EXIT Program Stats



**7,944**

**Number of safe & secure nights  
provided to women and children**



## **Health & Safety**

- 63% spent an average of 8 days in a health facility
- 74% visited an ER an average of 3 times
- 47% used EMS services an average of 2 times
- 63% spent an average of 9 days in a mental health facility



## **Legal/Justice**

- 53% had contact with police an average of 5 times
- 33% spent an average of 27 days in a correctional facility
- 22% were on parole or probation



## **Identity & Family**

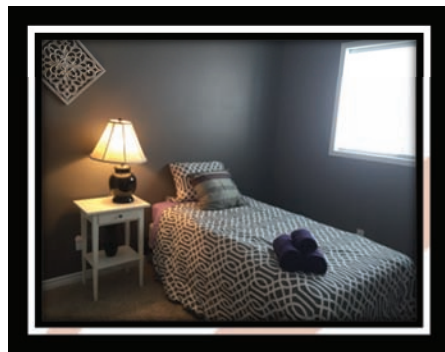
- 91% of women were homeless at intake
- 96% had issues with addiction
- 21% identify as Indigenous, First Nations or Métis
- 42% of the women are pregnant or have children

# Letter from the President & the Executive Director

Although our work is constantly evolving, 2017/2018 was a year of perhaps the most significant changes since our inception in 1989.

In November 2017 we said farewell to our Inglewood location which had been home to Servants Anonymous since 1999. Executing the move from this location was a true testament to the dedication and spirit of the team. Everyone pitched in to clean up, downsize and most importantly, continue seamless delivery of the program.

By executing this strategic direction set by the Board, RESET Society was able to re-open our rapid exit house which had closed in 2016, as well as purchasing new houses in southern communities of Calgary. This ensures that the Participants are closer to essential services and the Classroom and reduces their need to travel through higher risk areas of the city. With the generous support of donors and volunteers, each of these houses became a welcoming, personalized home for our Participants to continue their journey of healing.



With the moves and house purchases complete, in February 2018 we celebrated our transition to RESET Society of Calgary, with a launch event at our new Fisher Park location. Despite challenges from Mother Nature, we had an inspirational evening and celebrated the legacy of Servants Anonymous and the great work that continues.

Thank you again for your generous support for our work so these women may transform their lives. There is a way out.

Sincerely,  
**Rod Blank**  
Interim Board President

Sincerely,  
**Theresa Jenkins**  
Executive Director

**Linda Wyatt | President (*resigned*)**  
**Rod Blank | Interim President**  
**Tess Jones | Vice President (*resigned*)**  
**Vera Ilnyckyj | Vice President**  
**Maureen Swanson | Secretary**

**Jessica Wuttunee-Campbell | Treasurer**  
**Peter Choate | Director**  
**Natalie St Denis | Director**  
**Nicole Howe | Director (*resigned*)**  
**Shirley Lum | Director (*resigned*)**

## Board of Directors

# Volunteers

*A heartfelt thank you to our many volunteers for helping us fulfill our mission.*

**26,500+** over 26,500 hours volunteered in 2017/2018



## Live-In Volunteers

Support the women & children 7 days per week, volunteered over 22,000 hours last year



## Life Skills Facilitators, Childcare & Maintenance

Volunteered over 1,000 hours last year



## Book Sale Volunteers

Over 250 people volunteered 3,750 hours

# RESET Program Model



## Referral, Assessment & Intake

Women hear about RESET Society from a friend, social worker, police officer, partner agency, etc. They reach out to our Program Manager to discuss options and receive an overview of the program at RESET. The decision to join and stay with RESET rests with the alone. We assist women from across Canada.



## i-EXIT Phase & Stage 1 Housing *(avg. 30 days)*

In this stage, women and their children are provided with immediate, safe, rapid-exit housing from the trauma and violence of sexual exploitation. This allows them to stabilize while addressing their medical and mental health, child and family services and legal issues. They are assigned a RESET Society Key Worker for counselling and receive referrals for detox/treatment programs if required.



## EXIT Phase & Stage 2 Housing *(avg. 9 - 12 months)*

The next stage of our program includes attendance at our proven, trauma-informed, recovery-based Life-Skills Classroom which includes group therapy, mental health and addictions support and 1:1 case management. Participants move into one of our supportive housing locations during this phase and work on their post graduation planning for further education or employment.



# RESET Program Model



## Educational Scholarships

RESET helps participants prepare for education by supporting their completion of education and relevant scholarship applications, facilitating school and college campus visits, and tutoring throughout the school year. The RESET Scholarship Fund was also created to ensure that all RESET graduates have an opportunity to return to school without financing being a barrier to their success. Grants are awarded to any qualifying Participant.



## Employment Skills Training

RESET Employment Skills Training enables women in the EXIT program to identify career interests and goals and to complete effective work experience placements that increase workplace confidence and skills. This in turn empowers women to seek out and secure permanent community based employment. RESET also provides ongoing employment support through our Community Support program.



## Community Support

RESET Society is always here for those who need us. Participants and Graduates can access RESET support and referral services whenever they need help in their journey. The Community Support program provides ongoing comprehensive support and links to resources related to employment, education, healthcare, housing and peer mentorship on an as-needed basis.



*“The classroom is a sisterhood. We build each other up and we grow together”*

*- RESET Participant*





Coming to RESET, I've learned that I am not helpless. Suffering from trauma does not just apply to me. The intense healing has lifted some of the weight off my shoulders. I feel like I can finally breathe. I certainly have a long way to go, but I know that I have the support I need. I can do anything if I try.

- RESET Participant

# RESET Supporters

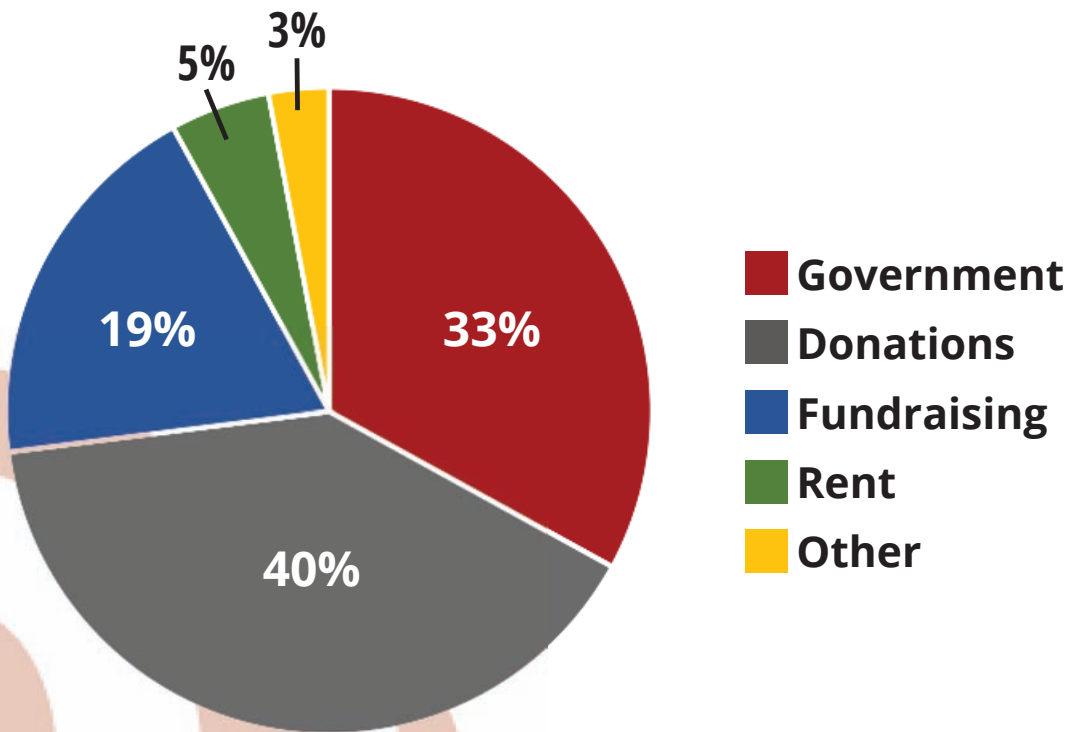
**You are changing women's lives. We are grateful.**

993397 Alberta Ltd.  
Allan (Curly) Elliott Fund at the Calgary Foundation  
Anonymous Donor  
ATCO EPIC Time to Give  
Atco Pipelines  
Bishop O'Byrne High School  
Blind Wash Factory  
Business & Professional Women's Club of Calgary  
Calgary Elks Lodge #44  
Calgary Flyer Force  
Calgary Herald Christmas Fund  
Carthy Foundation  
Cenovus Energy  
Centre Street Church  
City of Calgary Crime Prevention Investment Plan  
Crossroads Market  
Delta Kappa Gamma Alberta  
Dick & Lois Haskayne Fund  
at the Calgary Foundation  
Distinctive Catering  
Eskimo Refrigeration Ltd.  
Evangelical Lutheran Church of the Cross  
Fin-Wall Site Services  
GMP FirstEnergy Corp.  
Government of Alberta  
Government of Canada  
Grace Presbyterian Church  
Grace Presbyterian Women's Fellowship  
Gregory & Wendy Adams Fund  
at the Calgary Foundation  
Highwood Women's Group  
Hillhurst Odd Fellow Lodge  
Hillhurst Rebekah Lodge #116  
Hungarian Canadian Cultural Association  
of Calgary  
Husky Energy  
Ignite Your Inner Potential  
Inglewood Event Society  
Investors Group  
IODE Municipal Chapter of Calgary  
J.K. Esler and Annemarie Schmid Esler Family  
Trust at The Calgary Foundation  
Jackie and George Palmer Fund at  
The Calgary Foundation

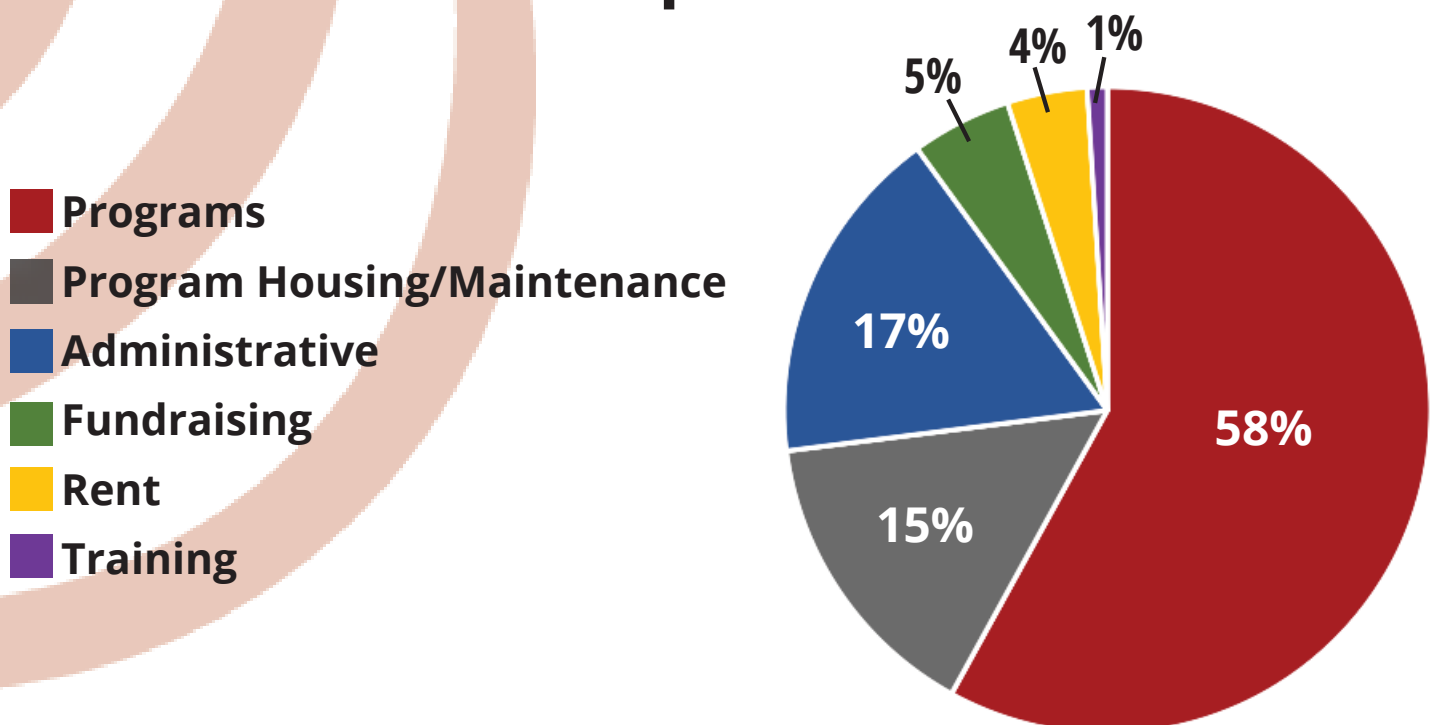
JNE Retail Equipment Inc.  
Karla Smit Graphic Designer  
Lantern Community Church  
Lily Street Foundation  
Mackenzie Financial Charitable Foundation  
Nazareth Church Women  
Network of Friends  
Parcon Construction Ltd.  
Pioneer Carpet Cleaners Ltd.  
Preceptor Alpha IOTA  
Rheumatology Clinic  
Rick Balbi Architect Ltd.  
River Park Christian Reformed Church  
Robert McClure United Church of Canada UCW  
Rogers Media Inc.  
Roman Catholic Bishop of Diocese of Calgary  
Rotary Club of Calgary Fish Creek  
Sawers Engineering Ltd.  
Scott Land & Lease  
Service Canada - Summer Jobs  
Sponsor Energy  
St. Luke Catholic Women's League  
St. Pius X Church  
Students' Union University of Calgary  
The Calgary Foundation  
The Captioning Group Inc.  
The Daniel Family Foundation  
The Gathering Church - NARC  
The Greene Family Charitable Foundation  
The Prosser Charitable Foundation  
The Provincial Chapter of Alberta, IODE Imperial  
Order of the Daughter of the Empire  
Ursuline Religious of the Diocese of London in  
Ontario  
Van Wielingen Family Fund at the Calgary  
Foundation  
Wild Rose United Church  
Wild Rose Women's Quilters  
Women in Need Society  
West Jet

# Our Financial Position

## Revenue



## Expenses





*“As a RESET volunteer,  
the stories of these  
women’s experiences  
moved me. Through  
both triumphs and loss,  
their courage shines  
through as they work  
to heal. RESET Team,  
continue your goal to make  
dreams become reality for  
exploited women.”*

*- RESET Volunteer*

# Support RESET Society

RESET is serving some of society's most marginalized women and girls, who often fall between the cracks in many funding models that support vulnerable women. With your help we will be able to continue to provide safe housing for women wanting to exit sexual exploitation, offer programs and support that are vital for women to transform their lives and provide long-term follow care to ensure the continued health and wellbeing of our Participants.

You can help put an end to sexual exploitation in Calgary:



- Become a monthly financial donor
- Make a one-time donation to the program of your choice
- Make RESET the beneficiary of your next corporate or group event
- Sign up with Sponsor Energy and direct your energy bill savings to RESET
- Donate the proceeds of your old car, RV, boat or truck sale via Donate a Car Canada
- Direct 20% of your realtors commission to RESET when buying or selling a home through Agents of Change

See [www.RESETCalgary.ca](http://www.RESETCalgary.ca) for more details.

We are grateful for all donations and support received - Thank You for helping transform the lives of women and children!

RESET Society is a registered non-profit organization CRA# 89821 5884 RR0001



*Need Help?  
Call or Text  
403-918-7311*

P: 403-237-8477  
F: 403-205-5549  
E: [info@RESETCalgary.ca](mailto:info@RESETCalgary.ca)  
[www.RESETCalgary.ca](http://www.RESETCalgary.ca)



**EXIT**

*There is a way out*

**RESET** 

*Society of Calgary*

Rapid Exit from Sexual Exploitation & Trafficking

